

First-aid



If someone suffers an injury, there are several things you can do to treat them right away before they go to the hospital. Today, we will talk about first aid for 3 different types of injury.

The first is for bleeding.

Place clean gauze or a handkerchief over the bleeding area, then wrap it up with a plastic bag and apply lots of pressure with your hand to stop the bleeding. If the injury is to the hand or arm, lifting the hand may help to decrease bleeding.

The second is for burns.

First, place the burned area in cold water. Once the area cools down, wrap it up loosely with clean fabric, then go to the hospital immediately. Do not pop any blisters if they form.

The third is for broken bones.

Be careful not to move the broken bone. Tie a stick, umbrella, or a similar object to secure the broken limb and keep it from moving.

It can be easy to panic with a sudden injury. Stay calm, and apply the right kind of first aid treatment.