



How to deal with an earthquake outside the home

In the event of an earthquake, first take steps to protect yourself. If an earthquake occurs while you are outside, be careful of the following:

When in the street, watch for falling glass and other objects. Take shelter in a wide open area, such as a park. Do not touch fallen power lines.

When driving, slowly pull over to the left side of the road and stop the engine. As you exit your vehicle, leave the door unlocked and the keys inside.

While on a bus or train, grab on tightly to a handhold, and protect your head with a backpack or bag if available.

If you are near the sea, get to a high place away from the shore right away. It is possible that a tsunami will come.

When you are near mountains, cliffs or rivers, get out of the area immediately. If you cannot leave the area quickly, then take cover behind a large tree.

When in an elevator, press all of the floor buttons. When the elevator stops, exit immediately. If the door does not open, press the emergency button.

Earthquakes can occur at any time. In order to be prepared, talk regularly with your family about what to do in the event of an earthquake.

For further information, check the Toyama International Center' s webpage.